

The Mustard Seed Cafe

118 E. Market Street, Kingsport, TN 37660
mustardseedcafe.kingsport.com

COFFEE

ALL HOT COFFEES AND CHAI COME STANDARD IN 12OZ CUPS. UPGRADE TO 16OZ FOR \$1.50.
ALL ICED COFFEE AND FRAPPES COME IN ONE SIZE.

Americano.....	\$4.55
Espresso blended with hot water, a favored choice in Europe where drip coffee is less common, delivering the robust essence of a freshly brewed cup.	
Cappuccino.....	\$5.15
Prepared like a classic latte but with extra milk froth created through aeration during the steaming process.	
Daily Brew.....	\$3.40
Decaf Brew.....	\$3.70
Espresso.....	\$3.70
This forms the foundation for most of our specialty coffee creations, crafted from our unique house blend.	
Frappe.....	\$5.15
A classic frappe featuring espresso, milk, sugar, chilled ice, and a finishing touch of whipped cream.	
Latte.....	\$5.15
A staple in specialty coffee, this beverage combines steamed milk and espresso with a touch of milk foam. Personalize it with your preferred flavor to craft your ideal latte.	
Mocha.....	\$5.15
Espresso and steamed milk, reminiscent of a latte, but with a delightful chocolate twist and a hint of sugar.	

HOT TEA

Chai Tea.....	\$5.85
Chai tea brewed in spiced milk, infused with flavors like cinnamon, cardamom, cloves, ginger, and black peppercorns.	
Dirty Chai.....	\$6.85
Chai tea elevated with a double espresso shot for a delightful twist of flavors.	
Hot Tea.....	\$3.70

COLD DRINKS

Apple Juice.....	\$2.00
Bottled Sparkling Water.....	\$2.25
Fountain Drink.....	\$3.29
Quench your thirst with our refreshing fountain drinks, featuring a selection of Coca-Cola products.	
Kid's Drink.....	\$2.60
Orange Juice.....	\$2.00
Sweet Tea.....	\$3.29
Sip on Lipton sweet tea, a classic and refreshing beverage that perfectly balances the taste of tea with just the right amount of sweetness.	
Unsweet Tea.....	\$3.29
Savor the pure, caffeine-free essence of our Lipton unsweetened tea.	

ADD FLAVOR.....\$0.70

FLAVORED TEAS AND FOUNTAIN DRINKS INCLUDE 3 REFILLS. AFTER 3, EACH REFILL IS +\$0.70.


- Blackberry
 - Black Cherry
 - Blueberry
 - Butterscotch
 - Cinnamon
 - Crème Caramel
- French Vanilla
 - Hazelnut
 - Lavender
 - Mango
 - Maraschino Cherry
 - Orange
- Peach
 - Pumpkin Spice
 - Raspberry
 - Strawberry
 - Toasted Marshmallow
 - White Chocolate

LITE BITES

Avocado Toast.....	\$6.60
Add Bacon.....	\$1.50
Creamy avocado spread on toasted sourdough bread, topped with everything bagel seasoning and red pepper flakes.	
Belgian Waffle.....	
Berries & Cream.....	\$8.25
Chocolate Chip.....	\$8.25
Plain.....	\$7.20
Cheese Danish.....	\$3.50
A delectable pastry filled with a rich, sweet cream cheese filling and a flaky, golden crust. Your choice of raspberry or chocolate drizzle.	
Frittata.....	\$6.60
Savor two frittatas. A blend of eggs with a variety of fresh ingredients. Choose from the selections below.	
<div><ul style="list-style-type: none">• Cheese Only• Ham & Cheese<ul style="list-style-type: none">• Ham, Cheese, & Spinach• Ham, Cheese, Spinach, & Bacon</div>	
Ham & Cheese Croissant.....	\$7.90
Delight in our ham and cheese croissant, a mouthwatering fusion of savory ham and creamy cheese tucked within a flaky, buttery croissant.	
Muffins.....	
Enjoy our freshly baked mini muffins. Served by a half dozen or full dozen. *Ask your server for today's flavor.	
Dozen.....	\$5.20
Half Dozen.....	\$2.60
Yogurt Parfait.....	\$6.20
Vanilla yogurt layered with strawberries, blueberries, and granola topped with honey.	

SALADS

ADD ANY SCOOP OF CHICKEN SALAD, PIMENTO CHEESE, POTATO SALAD, TUNA SALAD, OR GRILLED CHICKEN FOR \$3.70.

BLT (No Bread).....	\$11.30
Spring Mix with tomatoes, crumbled bacon, and cheddar cheese—a sandwich favorite without the bread.	
Caesar.....	\$11.20
Heart of romaine adorned with fresh Parmesan cheese and our house-made croutons, served alongside our creamy caesar dressing.	
Club.....	\$13.95
Spring mixed lettuce paired with cheddar cheese, grape tomatoes, and crowned with ham, turkey, bacon, and croutons for some crunch!	
Green Apple.....	\$13.95
Crisp spinach greens with dried cran–raisins, goat cheese, green apples, and candied pecans, paired with your preferred dressing.	
 Kitchen Sink.....	\$12.80
A blend of superfoods featuring kale, edamame, carrots, grape tomatoes, sunflower seeds, cran–raisins, and cashews, all tossed in a delightful pomegranate dressing.	
Pasta.....	\$11.25
A blend of rotini pasta, diced celery, black olives, and pimentos, dusted with parmesan cheese and a splash of Italian dressing.	
Spring Mix.....	\$11.20
Fresh spring greens paired with cran–raisins, carrot slices, slivers of almonds, a hint of cheese, and seasoned fruit, complete with your choice of dressing.	
Very Berry Spinach.....	\$13.95
Spinach greens topped with blueberries, strawberries, glazed pecans, goat cheese, and raspberry vinaigrette.	
*ALL FULL SALADS (LISTED ABOVE) COME WITH 2 DRESSINGS. EXTRA DRESSINGS ARE \$0.50 EACH.	
Pick 4 Salad.....	\$14.90
Select any four salad options from the list below.	
<div><ul style="list-style-type: none">• Caesar Salad• Chicken Salad• Fruit Cup<ul style="list-style-type: none">• Kitchen Sink• Pasta Salad• Pimento Cheese Scoop<ul style="list-style-type: none">• Potato Salad• Spring Mix• Tuna Salad</div>	
Chicken Salad, Pimento Cheese, Potato Salad, & Tuna Salad	
Half Pound.....	\$5.90
Whole Pound.....	\$11.80

DRESSINGS

-  Balsamic Vinaigrette
 - Blue Cheese
 - Caesar
 - Honey Mustard
- House (Poppyseed)
 -  Italian
 - Ranch
-  Raspberry Vinaigrette
 - Strawberry House (+\$0.50)
 - 1000 Island



WE OFFER CATERING & PRIVATE PARTY BOOKINGS! CHECK OUR WEBSITE OR SCAN OUR QR CODE FOR MORE INFO: WWW.MUSTARDSEEDCAFEKINGSPORT.COM

SIDES

Fruit Cup	\$3.95
Mac & Cheese	\$7.00
Pasta Salad	\$5.90
Potato Salad	\$3.90
Salads	
Arcadian Spring Mix	\$5.60
Caeser	\$5.60
Kitchen Sink	\$6.40
Soups	
Broccoli Cheese Soup (Served Tue/Thu/Sat)	\$5.20
Chili (Served Daily)	\$5.20
Potato Soup (Served Mon/Wed/Fri)	\$5.20
🍷 Tomato Basil Soup (Served Daily)	\$5.20
Large	\$7.15
Add cheese, sour cream, or bacon	\$0.50/each
Quiche	\$5.90

🍷🍷 Quiche Me \$12.90

Select one slice of quiche from our five flavors, with your choice of one side.

Quiche Flavors:

- Chicken Fajita
- Spinach
- Tomato Pie
- Cranberry Chicken
- Tomato, Bacon, Spinach

*WHOLE QUICHE AVAILABLE FOR \$36.50+TAX

COMBOS

INCLUDES A FULL SANDWICH OR WRAP WITH YOUR CHOICE OF ONE SIDE.

Bread Options:

- Ciabatta
- Hoagie
- Sourdough
- GF Gluten Free Bread (+1.35)
- Croissant
- Marble Rye
- Wheat

GLUTEN FREE DISCLAIMER: ITEMS PREPARED WITHOUT GLUTEN PRODUCTS ARE HANDLED IN A FACILITY THAT HANDLES MANY OTHER WHEAT PRODUCTS.

SANDWICHES

BLT.....\$11.50

An all-time favorite! Bacon, lettuce, and tomato with mayo, served on wheat bread.

Cheesy Grilled Cheese\$9.50

American, swiss, and provolone cheeses melted to perfection on grilled sourdough

🍷🍷 Chicken Salad Sandwich.....\$12.25

Enjoy our chicken salad with your choice of fresh bread for a tasty and satisfying meal.

🍷🍷 Connie's.....\$14.50

Bacon, ham, provolone cheese, and green apples. We add lettuce and tomato, then crown it with our secret caramel sauce, all served on grilled sourdough.

🍷🍷 Georgie.....\$15.25

Boar's Head roast beef on a fresh onion roll, with swiss cheese and horseradish. Served with a side of au jus for dipping.

Grilled Chicken Asiago.....\$14.50

Indulge in our Grilled Chicken Asiago, adorned with crispy bacon, asiago cheese, ranch dressing, fresh lettuce and tomato on ciabatta bread.

🍷🍷 Hot Ham & Cheese.....\$12.45

Ham, paired with american, swiss, and provolone cheeses, on your choice of bread.

🍷🍷 Julie's Club.....\$14.50

Packed with turkey, ham, crispy bacon, provolone cheese, lettuce, tomato, and mayo, all layered between three slices of toasted wheat bread.

Pimento Cheese.....\$10.90

Pimento cheese with a hint of spice on perfectly grilled sourdough bread.

🍷🍷 Reuben.....

🍷🍷 Corned Beef.....\$14.50

Served with our house-made dressing, warm sauerkraut, and swiss cheese.

Turkey.....\$14.50

Served with our house-made dressing, warm sauerkraut, and swiss cheese.

Veggie.....\$9.50

Served with our house-made dressing, warm sauerkraut, spinach and swiss cheese.

🍷🍷 Jared Smash.....\$13.30

Ham, provolone cheese, bacon, and a drizzle of honey mustard, all nestled on a hoagie roll and served "Panini" style.

🍷🍷 Micah Smash.....\$13.30

Turkey, provolone cheese, bacon, and mayo come together on a hoagie roll, served "Panini" style for an irresistible treat.

🍷🍷 TBC.....\$13.30

Savor the warmth of turkey, bacon, and provolone cheese, accented with mayo, lettuce, and tomato all nestled inside ciabatta bread.

🍷🍷 The Cuban.....\$14.50

Pulled pork layered with ham, swiss and american cheeses, dressed with mayo, mustard, and pickles, all grilled to perfection on sourdough bread.

Tuna Salad Sandwich.....\$12.25

Our tuna salad is a cherished family recipe, served on your choice of bread.

WRAPS

Chicken Caesar Wrap.....\$11.50

Featuring grilled chicken strips, romaine lettuce, parmesan cheese, and Caesar dressing for a delightful flavor combination.

The Mustard Seed Wrap.....\$11.50

Your choice of grilled chicken strips, ham, turkey, chicken salad, or tuna salad, with lettuce and tomato, with your preferred choice of dressing or sauce.

Veggie Wrap.....\$8.80

A flavorful wrap including carrots, tomatoes, cheese, spinach, and garbanzo beans, all marinated in our house dressing.

Pick 3 Sandwich.....\$17.25

A whole sandwich or wrap, with your choice of any two sides (limited to one slice of quiche and one bowl of soup).

KIDS MENU

AGES 12 & UNDER ONLY. ALL KIDS MEALS INCLUDE A SMALL DRINK.

.....\$7.99

Choose from half Micah Smash, half Jared Smash, or Mac & Cheese, served with a side of chips or a fruit cup.

.....\$6.99

Choose from half Grilled Cheese or half PB&J, served with a side of chips, fruit cup, or mac & cheese.

DESSERTS

🍷🍷 Caramel Cake.....\$6.25

Chocolate Cake.....\$6.25

Coconut Cake.....\$6.25

🍷🍷 White Strawberry Shortcake.....\$6.25

*WHOLE CAKES AVAILABLE PLEASE ASK YOUR SERVER FOR DETAILS

DAILY SPECIALS

ONLY ONE DISCOUNT ALLOWED PER PERSON, PER VISIT. ALL DISCOUNT INFORMATION MUST BE PRESENTED UPON CHECKOUT.

Monday (Soup & Salad).....\$9.50

Enjoy a combination of soup, choosing from potato, tomato basil, or chili, along with a salad selection that includes spring mix, caesar, kitchen sink, pasta salad, or potato salad.

Tuesday (Chicken Caesar Salad).....\$11.50

Crisp romaine greens adorned with homemade croutons, fresh parmesan cheese, and savory grilled chicken strips.

Wednesday (MS Wrap & Salad).....\$9.50

Choose a wrap from chicken, turkey, or ham, with lettuce and tomato, with your preferred dressing or sauce. Additionally, your meal includes a salad selection that includes spring mix, caesar, kitchen sink, fruit cup, pasta salad, or potato salad.

Thursday (Salad & Scoop).....\$9.50

Select your preferred side salad from spring mix, Caesar, or kitchen sink, and pair it with a scoop of either chicken salad, tuna salad, potato salad, or pimento cheese salad.

Friday

Enjoy a sweet treat with 15% off all desserts.

Saturday

Indulge in our flavored teas with a 15% discount.

🍷🍷 Boar's Head Meats & Cheeses

GF Gluten Free

🍷🍷 Popular Choices



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